



# Pre-Plenary Workshops 2009

8:30 a.m. to 10:00 a.m.

Workshop 1 – "Caring for the Warfighters' Soul: Hospital Chaplaincy in Iraq and Trauma Pastoral Care in America, after Mass Casualty (MASCAL) Response."

By Mark Robertson and Jerry Shields

- Chaplain, Captain Mark Robertson is a Protestant Chaplain at Vandenberg AFB, California, the home of the 30<sup>th</sup> Space Wing. As a unit chaplain, he serves the 30<sup>th</sup> Medical Group, the 576<sup>th</sup> Intercontinental Ballistic Missile (ICBM) Flight Test Squadron, the 30<sup>th</sup> Weather Squadron, and the 22<sup>nd</sup> Space Ops (VTS) Detachment. Ch Robertson is a non-denominational minister, endorsed for military ministry by Chaplaincy of Full Gospel Churches (CFGK). He is also a Christian Counselor licensed by the State of Georgia, a Board Certified Chaplain through the Association of Professional Chaplains (APC), and a Diplomate in Pastoral Supervision through the College of Pastoral Supervision and Psychotherapy (CPSP).
- Jerry K. Shields, M.Div, S.T.M. and BCCC is a Pastoral Counselor at Navel Medical Center, Portsmouth, VA.
- Workshop Description – This workshop seeks to care for the souls of warfighters. The term "warfighter," however, for the purpose of pastoral discussion, will receive board definition, to include combat soldiers and other first responders, such as paramedics, police officers, firefighters, ER doctors and nurses. Our study question is "how?" – How can we care for the souls of these warfighters, after they kill in war, "drop" violent criminals resisting arrest, or see horrible death from gruesome, "everyday" trauma, such as the carnage of auto accidents and the distress of violent crime? We'll also consider the victims of war and violent crime. How can we care for the souls of these victims, immediately following the "impact phase" of evil or the moral catastrophe of devastating and disorienting trauma? What can we do, pastorally speaking, in terms of damage control? This will be our final study question.
- Workshop Objectives
  - To discuss mass casualty response (MASCAL), from the chaplain's perspective.
  - To explore a theology of critical incident stress management (CISM), from the perspective of spiritual "Fall" and God's redemption.
  - To consider, "How chaplains can care for the souls of warfighters and other first-responders, such as paramedics, firefighters, police officers, ER doctors and nurses?"

8:30 to 10:00 a.m.

### **Workshop 2 – “Recovery of the Soul in the Internal Family System Model”**

by Walt Porter, Ph. D., and Ron Gaudio.

- Walt Porter is a psychotherapist and holds a Ph. D. in counseling psychology from the University of Southern Mississippi. He is a psychotherapist with The Shepherd’s Touch Center in Columbus, Mississippi. He is a Licensed Professional Counselor in the state of Mississippi and has been doing therapy for over 30 years. His specialization is Internal Family Systems Therapy.
- Ron Gaudio has successfully completed the IFS (Internal Family Systems) Level 1 (Basic) Training and applied this to his ministry as chaplain the past three years. He says that this model has transformed his life is perhaps the best qualification has as a presenter. He has presented the concepts of IFS to the Social Services Department at Doctors Hospital and shared this model with other colleagues on different occasions.
- Workshop Description – The workshop will first lay the groundwork for discussion by explaining the basic assumptions of the IFS Model, which include the following: (1) a description of the presence of the protective parts of our personality which polarize us for the intended purpose of protecting the hurts of the past; (2) an explanation of why the soul can and should lead the internal system; (3) how the internal system can be reorganized and come into balance and harmony so that the burdened parts can release the hurts of the past and the self, or soul, assume ongoing leadership of the internal system. The qualities of self leadership will then be shared along with practical illustrations of how the IFS model works. References for further study will be shared.
- Workshop Objectives
  - To be able to identify the three part of the “Self” or the “internal family system”
  - To understand the principle of “Self-talk” or communication between the parts of the Self
  - To become knowledgeable of healing techniques using this model, particularly as applied to the pastoral encounter
  - To relate the importance of the recovery of the soul to the IFS model
  - To share some practical application of the soul providing leadership in therapy

10:30 a.m. to 12:00 noon

### **Workshop 3 – “Renewal of the Spirit – the Healing Power of the Psalms”**

by Eileen S. Rodgers, ACC.

- Eileen Rodgers is a Chaplain and Recreation Therapist for the Hebrew Home of Greater Washington, Rockville, Maryland. Currently lead several group discussions using liturgical texts, scripture, poetry, and music as a recreation therapist in a long term care facility specializing in residents with dementia and alzheimer's. She has presented various workshops/learnshops at regional and national biennial gatherings for the Union for Reform Judaism (URJ) as a lay member of the Department of Jewish Family Concerns under the leadership of Rabbi Richard Address.
- In this interactive workshop will discuss the healing power of psalms and how pastoral caregivers can affect the renewal of spirit through the use of psalms, primarily in a long term care setting. It will briefly look at the nature of psalms (and prayer) as a vehicle for

communicating with God. Sacred texts as well as musical settings of these texts and commentary by noted Jewish scholars will be examined.

- Workshop Objectives
  - To discern what a psalm is
  - To discover the healing power of psalms through the structure of the text using both ancient psalms and modern psalms, through listening to musical settings and reading them aloud.
  - To explore how pastoral caregivers can affect the renewal of spirit through the use of psalms
  - To write a psalm

10:30 a.m. to 12:00 noon

#### Workshop 4 – “Native American Spirituality and the Health Care System”

by Fred Wilcoxson, Ph.D.

- Fred Wilcoxson is a CPSP Board Certified Clinical Chaplain and Pastoral Counselor. He holds a Ph. D. in pastoral theology from the International Seminary in Zelwood, Florida. He serves as primary Hospital Chaplain for 171 bed Hospital, 225 bed Skilled Nursing Facility, and EMS Ambulance Service in Ocoee, Florida.
- Workshop Description – This workshop brings into focus the urgency for the health care system to recognize the spiritual needs of Native Americans. North American indigenous people have *not* been afforded access to their traditional “mind, body, spirit” care. It is a general belief within the spiritual and religious community that we can be and are healed by our “faith.” Far too many Native Americans are being denied appropriate contact with their traditional faith.
- Workshop Objectives
  - To understand Native American Spirituality as both religious and cultural
  - To understand the Federal mandates and laws that afford American Indians certain rights
  - To be able to integrate the spiritual needs of American Indians into the health care system

1:30 p.m. to 3:00 p.m.

#### Workshop 5 – “Resources for Pastoral Care to Less Responsive Patients”

by Kevin Henne, MAPS, BCCC.

- For the past 8 years Kevin Henne has served as a Hospice Chaplain for Franciscan Hospice in Federal Way, Washington. He is Commissioned and Endorsed by Bethany Presbyterian Church and The Seattle Presbytery, and currently Board certified by CPSP. He is convener for the Seattle-Tacoma CPSP Chapter.
- Workshop Description – Unlike short stay low acuity hospital patients, the typical hospice patient requires therapies that can be brought directly to the bedside in a close proximity environment. I will present a few new resources and tools that I have been introducing into my care plan with terminally ill patients which, despite symptom challenges like reduced eyesight, hearing loss, and weakness, have proven to be enhance my ability to provide pastoral care assessment and reduce a variety of forms of spiritual distress. Resources to be presented: Portable DVD Player / “Pacific Light” Film for Guided Imagery and Stress Relief; I-Pod & Portable Music System for

Tailored Music Therapy' Montessori-Based Activities for Persons with Dementia (Cameron Camp, Ph.D. , Myers Research Institute).

- Workshop Objectives
  - To learn ways to provide a wider interactive window for both spiritual assessment and intervention in pastoral care of demented or less responsive patients
  - To learn new ways to tailor your pastoral interventions to respond to individually unique types of spiritual distress encountered in the hospice patient setting.
  - To learn how advances in mobile electronic technology can make it possible to bring new therapeutic tools directly to the “close proximity” care environment of the terminally ill.

1:30 p.m. to 3:00 p.m.

**Workshop 6 – “Is There a Place for Spirituality in Medical Ethics?”**

by Ken Blank, M. Div.

- Ken Blank is the Executive Director of the Oklahoma Health Center Clinical Pastoral Education Institute. He has 28 years experience in ministry and is certified by four organizations in pastoral education, pastoral care and counseling, including CPSP. He has given a number of keynote addresses and numerous workshops. He is a Minister of Word and Sacrament in the Presbyterian Church, USA, but he says he “preaches like a Baptist.”
- A Medical Ethics Committee is one area that Chaplains/Pastoral Educators are uniquely qualified to serve on. However, it is easy for us to adopt an approach to ethical issues rooted in secular philosophy, i.e. Principlism, and forget our unique theological and spiritual contribution to this endeavor. Using Ken and Sara Vaux's paper, Four Pathways to Medical Ethics, Blank will create a framework for spirituality in medical ethics with clinical examples of its implementation.
- Workshop Objectives
  - To learn four ways to understand medical ethics
  - To understand the place for spirituality in the above framework
  - To review three clinical examples of implementing spirituality in medical ethics.

3:30 p.m. to 5:00 p.m.

**Workshop 7 – “The Ideal Intervention Project”**

by Fr. Henry Heffernan